CHARLES SELIGER, Michael Rosenfeld, 24 West 57th Street, (212) 247-0082 (through May 1). "Jewel-like" is an overused term in art criticism, but it perfectly describes Mr. Seliger's small, intensely colored and detailed paintings. From a distance they look like luminous, loosely expressionistic paintings; up close you see that the artist has inscribed the surface with fine lines, creating an allover crystalline pattern and a visionary, microcosmic space (Johnson).